

OUR BASKETBALL TOURNAMENT MISSION

With violence in the community being at an all time high, the youth needs its leaders now more than ever before. The Influencers Health & Wellness Basketball & Tech Tournament combines sports, tech, influence, and mental health support for this urgent time to provide sustainability in our kids lives. It truly takes a village to make an impact. Each year, we aim to gain more support from our local communities and partners from around the world to help with our mission of keeping kids active and off of the streets.

The health benefits of kids playing basketball at a young age

One of the most important life lessons kids can pick up from basketball is to value their body and take better care of their health. Playing basketball helps kids develop their communication and social skills. They learn how to talk to others, make new friends and it gives them an understanding of the different abilities of other people. Most importantly through playing basketball kids learn that being active is fun. The Influencers Health & Wellness Basketball Tournament changes the lives of its participants by pro-actively following up with their graduation rates, providing 1-on-1 mentorship, and creating customized programs specifically for the improved mental health of the inner city youth.

How Gaming Leads to High-Paying Technology Careers

Esports and Video Gaming are a \$175 Billion industry. 83% of Black teens play video games, but less than 2% work professionally in the industry. Less than 9% of STEM professionals identify as Black. Come learn from Futures First Gaming, a 100% black owned and Delaware's #1 Ed Tech and Esports Entertainment company, how your gamer can turn their passion into a high-paying technology career through our Futures First Program and our State of Delaware approved Esports Industry Workforce Development Program.

Esports is a Positive Mental Health Tool

There are many misconceptions about video games and the impact they have on mental health. The truth is that video games have many benefits, including developing complex problem-solving skills and promoting social interaction through online gaming. Video games can be a great way to stimulate your mind and improve your mental health. In this workshop, FFG will share a recorded panel discussion panel from its Fall Brawl esports event on the importance of gaming for your kids' mental well being.



About Futures First Gaming

Futures First Gaming is a STEM.org Accredited Ed. Tech and Esports Entertainment company that conducts fun and competitive gaming events to build community and present opportunities for gamers to explore career pathways in science, technology, the arts and esports industry careers.

At FFG, we say that "Futures First start with Gaming" because we have seen first hand that with access to the right resources and opportunities, individuals will discover their passions, and in our case will explore career paths tied to the Esports and Gaming industries.

For more information about FFG visit

WEBSITE

www.futuresfirstgaming.com

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